





## FAMILY CONVERSATIONS

Families, use this to prompt conversations at the table, in the car, and anywhere else your family experiences life together.

- What things do you tend to worry about?
- What things do we sometimes worry about as a family?
- How can we trust God with our worries?
- Why are we able to trust God with our worries?
- How might our lives change by trusting God with our worries?



## INTERACTIVE PRAYER

### From Worry to Wonder

Because our world is broken from sin, it's easy to worry. If we let it, worry can take over our lives! It can become all we see. But Jesus invites us to look at things another way.

Look at Matthew 6:26, 28, and 30. Simple things like birds, flowers, and grass are cared for in our world. How much more will Jesus take care of us—His children? Go into your yard or take a walk around your neighborhood.

What things do you see that are cared for by God? Look at the wonderful, amazing ways God works in our world. If you're able, get a few reminders to take inside such as a flower, some grass, a rock, or a feather. Place them in a prominent place to remind you this week that your heavenly Father knows what you need.



## HANDS ON

### God's Kingdom First

Jesus teaches us how to live. Instead of worry, He tells us to seek His kingdom first and then everything else will be added. Use a set of blocks or a wooden block game for this activity.

Begin by putting down a foundation of blocks. Point out that a foundation is the first thing done on a building project.

Then everything else can be added. Let your child build a tower with the blocks. Every time your child adds a block, ask family members to share something God has provided. You can also share things that

Jesus

calls us to do to put His kingdom first, such as being kind, showing love, praying, worshiping, etc.

Finish this time by listening to "First Things First" on the [Heart of Jesus Wonder@Home Spotify playlist](#).

Praise God for everything He has done and will do in your lives.

**Wonder Ink**

HEART OF JESUS LESSON 4